

Weekly Meal Planner NOVEMBER Forkhill

| | 02/11/2017 | 06/11/2017 | 13/11/2017 | 20/11/2017 |
|-----------|--|--|--|---|
| Monday | | Shepherds Pie | Chicken Lasagne | Chicken in white sauce |
| | | Chicken & Pasta Bake | Spaghetti Bolognese | Savoury Mince |
| | SCHOOL CLOSED | Mashed Potato/Gravy Rice | Oven Dry Roast Potato Carrots/ Peas | Mashed Potato/Gravy Turnip/ peas |
| | | Carrots/ Peas | | |
| | | Shortbread | Shortbread | Jam Sponge |
| Tuesday | | Chicken Goujons HM/OC | Roast Chicken & Stuffing Tuna Wrap / Baguette | Steak Burger |
| | | Pizza | Herb Diced Potato/ Mashed Potato | Pizza |
| | SCHOOL CLOSED | Gravy Carrots | Carrots/ Peas | Oven Dry Roast Potato Mashed Potato/Gravy |
| | | Herb Diced Potato/ Mashed Potato | | Carrots/ Peas |
| | | Jelly | Jelly | Icecream Tub |
| Wednesday | | Grilled Bacon Salmon | Pizza | Breaded Fish |
| | | Fish Fingers | | |
| | | Baked Beans | Stuffed Bacon Rolls | Lasagne |
| | SCHOOL CLOSED | Mash Potato Cauliflower Cheese | Baked Beans Oven Dry Roast Potato | Mash Potato Cabbage |
| | | | Mashed Potato/Gravy | White Sauce |
| | | Icecream | Icecream | Jelly |
| Thursday | Chicken Panini Roast Chicken & Stuffing | Chicken Curry & Rice | Steak Burger | Macaroni Cheese |
| | | | Chicken Goujons HM/OC | |
| | Mashed Potato/Gravy Gravy | Steak Burger Carrot & Parsnip | Mashed Potato/Gravy Mixed Vegetables | Roast Chicken & Stuffing Mashed Potato/Gravy |
| | Home Made Wedges OC Broccoli | Mashed Potato/Gravy | | Peas/ carrots |
| | Icecream Tub | Bun | Cookies | Muffin |
| | | | | |
| Friday | Stuffed Bacon Rolls | Chicken Wrap / Roll Oven Baked Sausages | Chicken Panini Oven Baked Sausages | Chicken Panini Chicken Nuggets |
| | Steak Burger Chips/ Mashed Potato | | | Chips/ Mashed Potato Baked Beans |
| | | Peas & Sweetcorn | Peas & Sweetcorn | |
| | Carrots/ Peas | Chips/Mashed Potato | Chips/Mashed Potato | |
| | | | | Peas & Sweetcorn |
| | Flakemeal Biscuits | Flakemeal Biscuits | Artic Roll | Icecream Tub |