

OCTOBER MENU Forkhill/Dromintee

	02/10/2017	09/10/2017	16/10/2017	23/10/2017
Monday	Steak Burger	Stuffed Bacon Rolls	Chicken In white sauce	Chicken & Pasta Bake
	Chicken & Pasta Bake Peas/ carrots	Pizza	Oven baked sausages Mashed Potato/ Gravy	Stuffed Bacon Rolls Mixed Vegetables Mashed Potato/ Gravy
	Mashed Potato/ Gravy	Mashed Potato/ Gravy Mixed Vegetables Shortbread	Peas/ carrots rice	Shortbread
	Flake Meal Biscuit		Flake Meal Biscuit	
Tuesday	Vegetable Soup Hot Dog	Chicken Fricasse	Chicken Goujons (HMOC) Salmon Fishcake	Steak Burger
	Salad roll	Chicken Nuggets Carrots	Mashed potatoes	Chicken Nuggets mashed potatoes Baked Beans Broccoli
	Frozen Mousse	Chips/ Mashed Potato	Peas/ carrots Gravy	Artic Roll
		Icecream Wafer & Fruit	Jelly	
Wednesday	Roast Turkey & Stuffing Salmon Fishcake	Steak Burger Pasta Bologanise	Roast Turkey & Stuffing	Fish Fingers
	Carrot & Parsnip Mashed Potato/ Gravy	Carrot & Parsnip Baked Beans Mash Potato	Savoury Mince	Savoury Mince Mash Potato Carrots Rice Flakemeal Biscuits
	Muffin	Jelly	Shortbread	
Thursday	Chicken Curry & Rice Chicken Fricasse Carrots	Roast Turkey & Stuffing	Stuffed Bacon Rolls	Chicken Curry & Rice
	Mash Potato	Carrots Mashed Potato/ Gravy Pasta	Peppered Chicken Mash Potato Carrots Gravy Pasta Bun	Roast Chicken & Stuffing Turnip/ peas Mashed Potato/ Gravy
	Jelly Fruit Portion	Bun		Bun
Friday	Lasagne Chicken Goujons (HMOC)	Fish Fingers	Vegetable Soup Beef burger in bap Tuna Wrap	Pizza Salmon Fishcake Baked Beans mashed potato Sweetcorn
	Chips/ Mashed Potato Cauliflower Cheese	Chilli chicken panini Mash Potato Carrots	Crusty Bread	
	Ice Cream	White sauce Flakemeal Biscuits	Icecream Tub	Frozen Mousse

Fruit, Yoghurt, Bread, Milk,
Water available daily

If a child has an allergy
please contact the Principal/Unit Catering Supervisor

Menu Subject to Deliveries